



*Welcome to the Heritage eNewsletter, designed to keep you informed about the work of the Osteopathic Heritage Foundations. For more information, visit [www.osteopathicheritage.org](http://www.osteopathicheritage.org).*

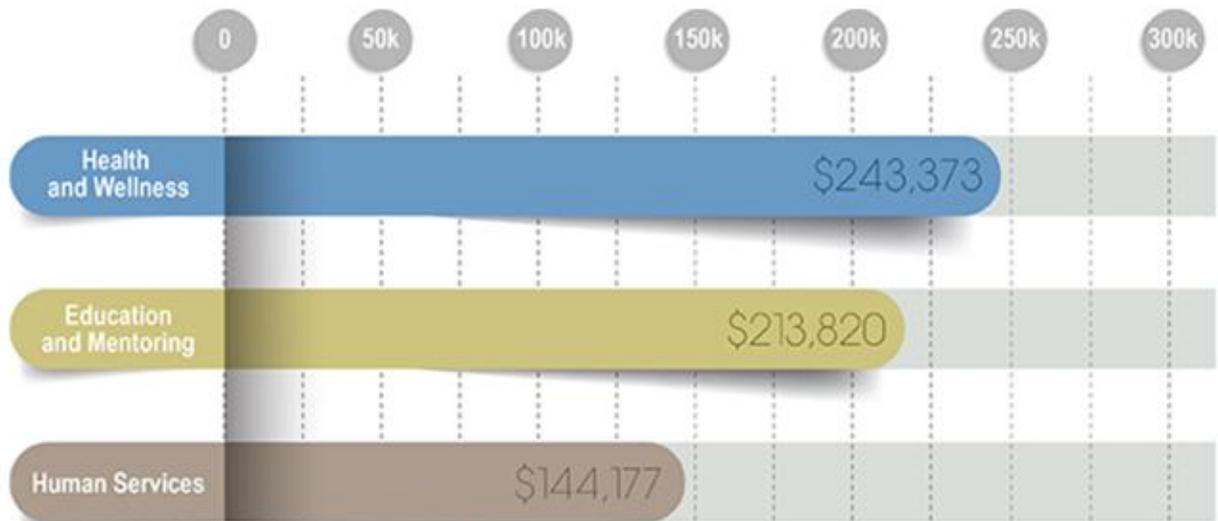
## Heritage eNewsletter *Winter 2015*



### **COMMUNITY FUNDING PARTNERSHIPS IN SOUTHEAST OHIO TOTAL OVER \$600,000**

Strategic partners and collaboration are essential to advancing the Foundation's mission to improve the health and quality of life in the community through education, research and service consistent with its osteopathic heritage.

Since 2013, the Osteopathic Heritage Foundation of Nelsonville (OHFN) has collaborated with the [Athens Foundation](#) and the [Rocky Community Improvement Fund](#) to leverage resources in support of 195 programs serving vulnerable populations in southeastern Ohio, especially in Athens County. Investments from OHFN were targeted to programs impacting health and wellness, education and mentoring and human services. Additional grants were made in support of the arts and community improvement projects.



The primary population served through the partnerships were youth, with programs supported including early childhood intervention initiatives, summer camp experiences for at-risk youth, backpack programs for school-aged youth facing hunger and food insecurity and teen homelessness prevention efforts.

"The Athens Foundation is encouraged by the spirit and act of collaboration in support of the non-profit sector in Athens County. Our partnership with the Osteopathic Heritage Foundation of Nelsonville serves as a model for effective collaboration and leveraging resources for greater impact. Further, we have been able to extend our impact in the community and serve many more Athenians in need." said Susan Urano, executive director of the Athens Foundation.

## PARTNERSHIP PROFILE



### HABITAT FOR HUMANITY OF SOUTHEAST OHIO

Since 2000, the Osteopathic Heritage Foundation of Nelsonville (OHFN) has awarded over \$200,000 to Habitat for Humanity of Southeast Ohio (and its previous county-based affiliates), providing 10 families with safe, affordable housing and increased economic self-sufficiency. Susan Beaudry, the Foundations' director of programs, recently spoke with **Kenneth Oehlers, executive director of Habitat for Humanity of Southeast Ohio**, about the organization's impact in the region.

## Why is the work of Habitat for Humanity of Southeast Ohio so important in the communities you serve?

Oehlers: "In southeast Ohio, one in four families is forced to decide between paying for rent, food, medical bills or transportation to work. This burden forces families to make tough decisions that have a lasting impact on their lives, their children and their communities. Habitat for Humanity of Southeast Ohio focuses on home ownership as its solution to affordable housing. By offering zero-interest mortgages and accepting sweat equity as a down payment, affordable home ownership opportunities are available to families who would otherwise not qualify for a mortgage."

## How many families have acquired homes and been able to remain in those homes?

Oehlers: "Since 1990, we have built 59 homes for families in six different counties in southeast Ohio. Of these, 45 families are currently paying a mortgage, 12 have paid their loans in full and we've only had two defaults. These numbers are typical for Habitat programs and our success rate is very good when compared to the banking world."

[Read more](#) about Habitat for Humanity of Southeast Ohio.

## COLLABORATIONS & PARTNERSHIPS



## CAPITAL IMPROVEMENT FUNDING PARTNERSHIP WITH THE COLUMBUS FOUNDATION

In 2014, the Osteopathic Heritage Foundation (OHF) and The Columbus Foundation joined resources and program interests to launch the Capital Improvement Funding Partnership. Recognizing the value of collaboration and the need for capital improvements among nonprofits, the foundations committed to a [funding partnership to support capital campaigns and projects designed to better serve vulnerable populations in Franklin County.](#)

In the second year of grantmaking, combined capital investments made by the foundations totaled over \$1.6 million, supporting eighteen (18) organizations providing exceptional programs and services, with an emphasis on those serving vulnerable populations.

On December 7, 2015 OHF directors and staff recognized and celebrated the organizations receiving support through the funding partnership. [Read more](#) about the organizations funded through the partnership in 2015

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## VISION 2020 UPDATE



Since OHF's approval of Vision 2020, [Ohio University's Heritage College of Osteopathic Medicine \(Heritage College\)](#) has made exceptional progress in achieving its goals and objectives. Highlights include opening two new extension campuses in Dublin and Cleveland, creating new partnerships, expanding research and educational opportunities and strengthening community health outreach and care access.

On a regional level, November 2015 marked a transformational milestone with creation of the Central Appalachian Consortium of Colleges of Osteopathic Medicine (CACCOM) - a historic collaboration among three medical colleges to address health needs in central Appalachia. CACCOM members include the [Ohio University Heritage College of Osteopathic Medicine](#), [Lincoln Memorial University DeBusk College of Osteopathic Medicine](#) in eastern Tennessee and the [University of Pikeville-Kentucky College of Osteopathic Medicine](#). CACCOM will engage in joint research to assess the region's health care workforce and develop medical education programs to train the next generation of osteopathic physicians to address central Appalachia's health care needs.

The head of the American Association of Colleges of Osteopathic Medicine (AACOM) welcomed the Consortium. "This new group will help the osteopathic medical community explore the many possibilities for innovation focused on primary care research and medical education," said President and CEO Stephen C. Shannon, DO, MPH. "The Consortium also has the potential to foster a strong culture of collaboration, empowering colleges of osteopathic medicine to more effectively synergize resources, share research-based innovations and ultimately improve patient outcomes in the areas of primary care."

[Read more](#) about Vision 2020 accomplishments.

### DR. NAGELE REPORTS ALZHEIMER'S BLOOD TEST ADVANCEMENTS

A blood test that can accurately detect the presence of Alzheimer's disease in the early stages is moving closer to reality because of the work by [Dr. Robert Nagele](#) and researchers at the [Rowan University School of Osteopathic Medicine](#) in New Jersey.



During the [American Osteopathic Association's OMED 15](#) conference in October, Dr. Nagele presented an update on the team's research, which focuses on using autoantibodies to help identify the presence of Alzheimer's before symptoms appear. By detecting the disease early, patients can make beneficial treatment choices and lifestyle changes, such as diet, exercise and managing blood pressure, to slow advancement of the disease. Dr. Nagele's groundbreaking research is funded by OHF and the Michael J. Fox Foundation.



### OHIOHEALTH BREAKS GROUND FOR NELSONVILLE HEALTH CENTER

Community, Foundation and OhioHealth leaders gathered to commemorate the ground breaking of a new health center in Nelsonville, Ohio. Construction commenced late this fall on the [OhioHealth Nelsonville Health Center](#). The 20,000 square-foot center will provide urgent care and outpatient health services, including primary care, behavioral health, sleep services and imaging and testing facilities.

"The Osteopathic Heritage Foundations commend OhioHealth for its steadfast commitment to providing quality health care and service in southeastern Ohio, especially to the residents of Nelsonville and surrounding communities. The new facility will make available convenient outpatient and urgent care in a state-of-the-art facility. We look forward to the facility opening in fall 2016." said Terri Donlin Huesman, vice president, Osteopathic Heritage Foundations.

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## NATIONAL 4-H HALL OF FAME INDUCTS CLARENCE CUNNINGHAM

Clarence Cunningham, Ph.D., husband of OHF Board Vice Chair Jane Cunningham, was recently named to the [National 4-H Hall of Fame](#). Cunningham, associate extension director and professor emeritus at The Ohio State University, is a long-time 4-H volunteer and educator and a member of the Ohio 4-H Foundation board. Thank you to the Cunningham's for their commitment and service to the community.



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## TERRI DONLIN HUESMAN NAMED VICE PRESIDENT, NAOF

The [National Association of Osteopathic Foundations \(NAOF\)](#) recently announced its new slate of officers, including OHF vice president, Terri Donlin Huesman. The NAOF seeks to serve osteopathic-supportive foundations that have funding purposes and interests related to community projects consistent with the osteopathic philosophy, osteopathic medicine, osteopathic medical education and/or research. NAOF promotes the exchange of ideas and information through educational programs, publications and conferences. Congratulations to the new slate of NAOF Officers elected to a two-year term at the September 2015 meeting: Sherri L. Wise, Osteopathic Founders Foundation, Doris L. Ralston, Colorado Springs Osteopathic Foundation and David Tate, Northwest Osteopathic Medical Foundation.



Sherri L. Wise  
*President*



Doris L. Ralston  
*President Elect*



Terri Donlin Huesman  
*Vice President*



David Tate  
*Treasurer*

### ABOUT THE OSTEOPATHIC HERITAGE FOUNDATIONS

The Osteopathic Heritage Foundation and the Osteopathic Heritage Foundation of Nelsonville (the Foundations) are pre-eminent in supporting and improving community health and quality of life programs incentral and southeastern Ohio as well as advancing, on a national scope, osteopathic medical care, biomedical research and osteopathic medical education. The Foundations advance this mission through a broad spectrum of funding awards, initiatives and funding methods.